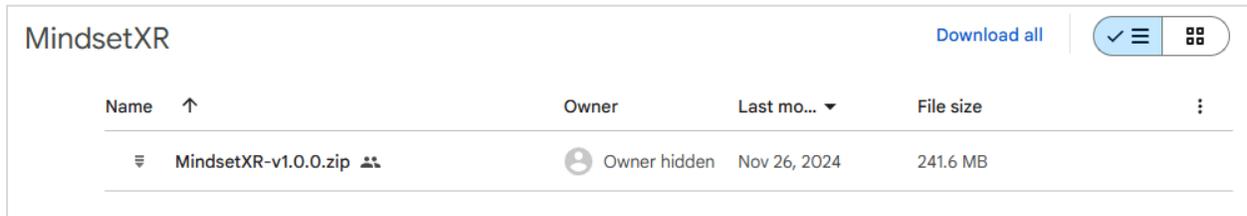


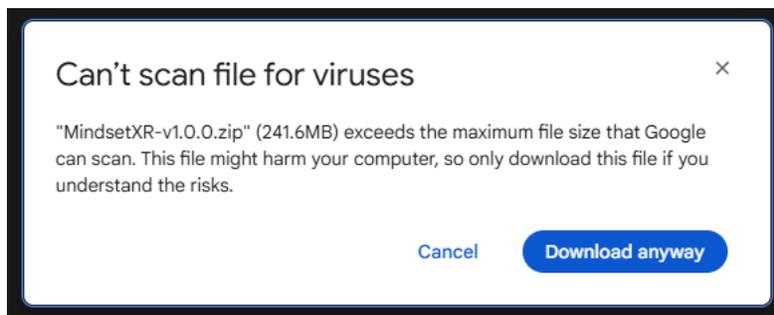
# Instructions for Installing MindsetXR on Meta Quest 2

## Step 1:

- Click on “MindsetXR-v1.0.0.zip”.



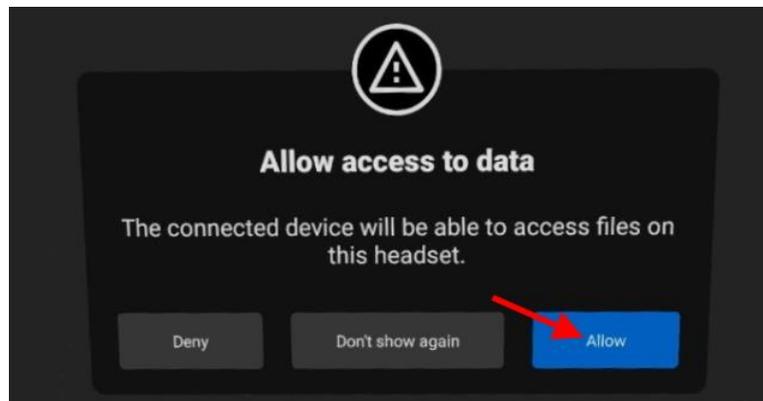
- Click the “Download Anyway” button to save the file to your computer.



- Extract the file and open the “MindsetXR-v1.0.0” folder; you should find “MindsetXR-Android-Shipping\_universal.apk” in that folder. This is the file you need to install on your device.
- Download & Install SideQuest from <https://sidequestvr.com/download> (Advanced Installer Recommended).

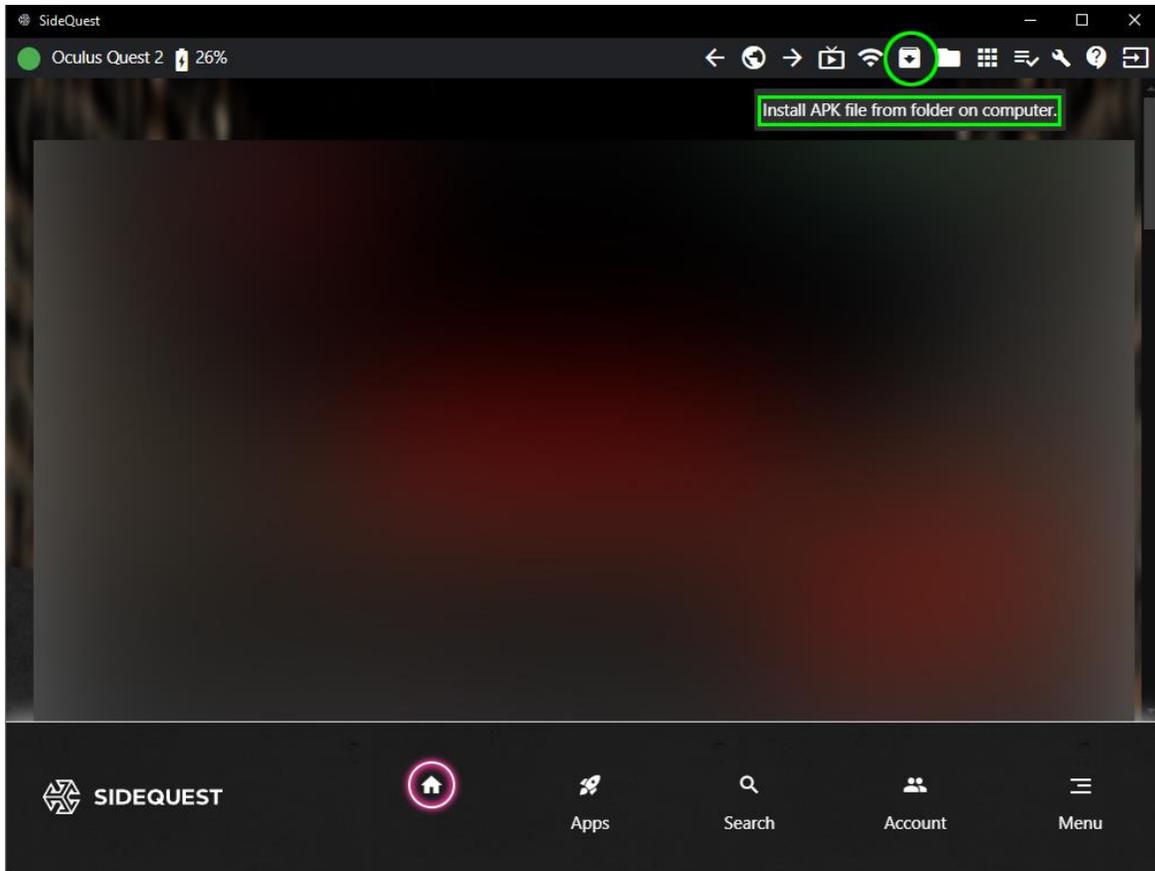
## Step 2:

- Connect your Meta Quest 2 headset to your computer using the provided cable from your package.
- Put on the VR headset for a moment and click on the “Allow” button (Do not disconnect the cable).



- Take off the VR headset and run SideQuest on your computer.

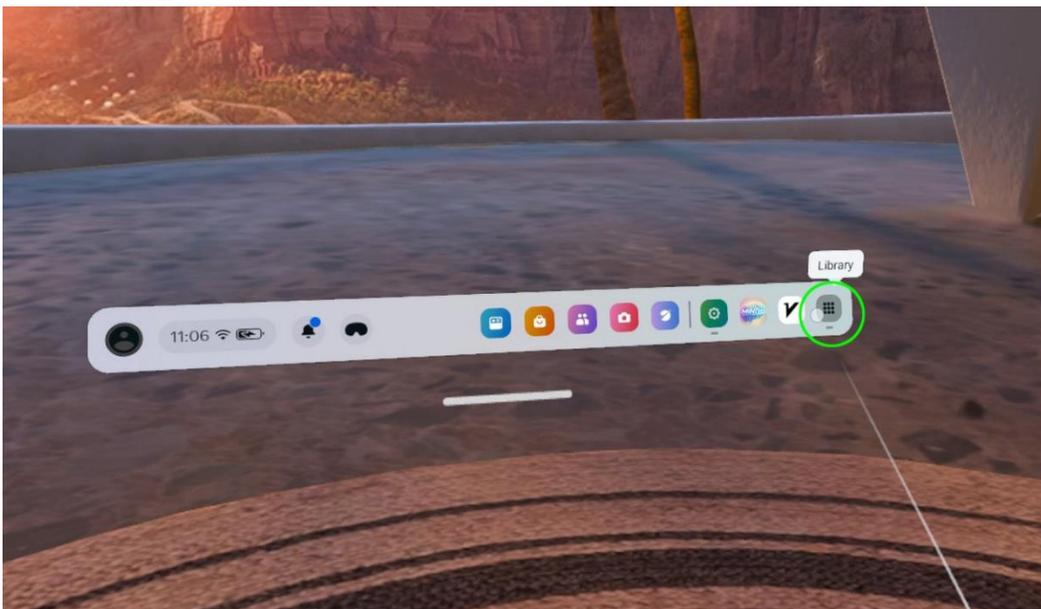
- Click the “Install APK file from folder on computer” button, then browse to select “MindsetXR-Android-Shipping\_universal.apk”.



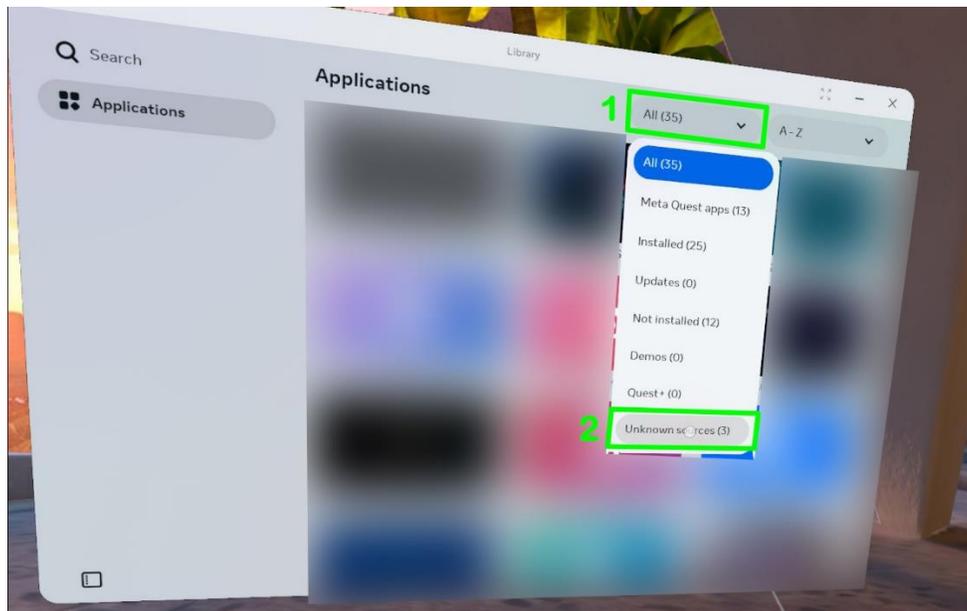
- Please wait until the installation is complete.

**Step 3:**

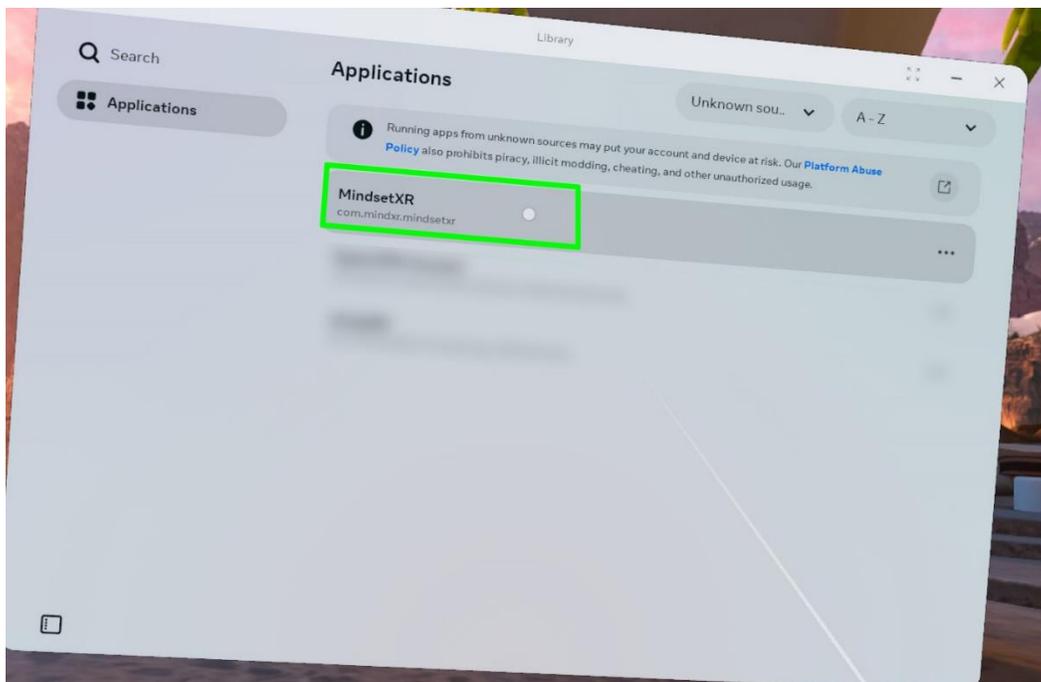
- Put on the VR headset.
- In the virtual reality environment, click on the App Library.



- Click on “All” then “Unknown Sources”.



- Click on “MindsetXR” to run the app and enjoy!



If you encounter any problems during installation or need further assistance, please contact Behnam Razipour at his personal email, [b.razipour@gmail.com](mailto:b.razipour@gmail.com).